

# SAILING PROGRAM

## SKILL PROGRESSION

### NEW TO SAILING

Sailing  
Exploration

**STEP 1**

### INTERMEDIATE SAILING

- Dinghy Sailing
- Keelboat Sailing
- Dinghy racing

**STEP 3**

### BEGINNING SAILING

Dinghy Sailing  
Keelboat Sailing

**STEP 2**

### SAILING CLINICS

- Dinghy Spinnaker
- Keelboat Spinnaker
- Trapeze sailing

**STEP 4**